



# The Express

9, Cambria Road, Gore (Québec) J0V 1K0 – Tel.: 450 562-2025

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Photo credit: Simon Diotte



## Coureur des bois 14<sup>th</sup> edition CHALLENGE

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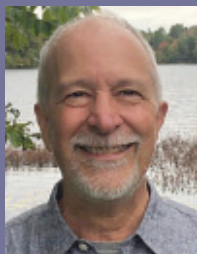
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## MEMBERS OF THE MUNICIPAL COUNCIL



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**Daniel  
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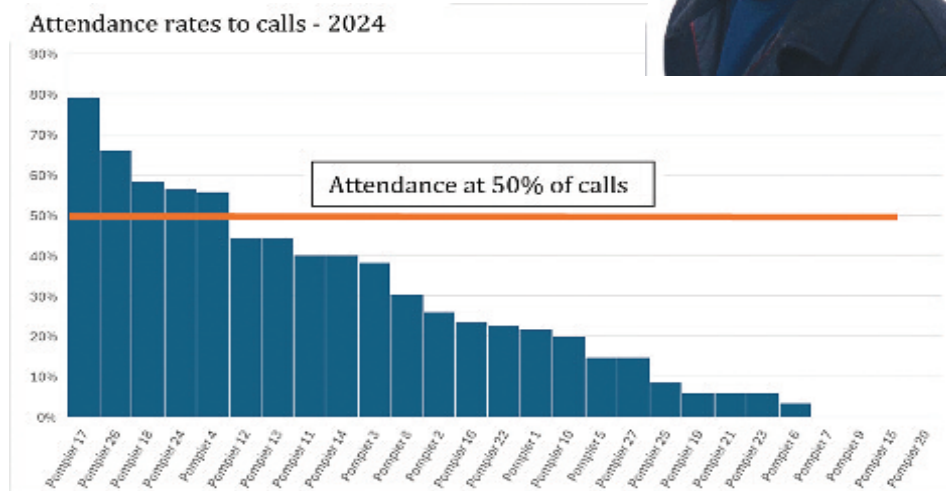
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## A WORD FROM THE MAYOR

It would be difficult not to address the intermunicipal agreement for the provision of professional fire safety protection services project. This topic is of great concern to our population and much has been said on social media in recent weeks. There are some important facts to remember when trying to understand the decisions made by the municipal council.

**Here are attendance rates for  
Gore firefighters in 2024:**



In 2024, only 5 out of 27 firefighters were present at more than 50% of calls. This is unsustainable. This is not a criticism of our firefighters—we appreciate them enormously—it's the reality of life in rural areas today. Most firefighters work outside the municipality, often with young families and work commitments. It's very difficult for them to always be present in the area and available to respond.

In fact, the 2024 figures reflect the reality we've been experiencing for several years. The municipality has been working since 2023 to find sustainable solutions to ensure its residents are adequately covered in terms of fire safety. This is not a task the municipality has taken lightly or rushed into, as has been mentioned on some platforms.

On the municipality's website ([www.cantondegore.qc.ca/en/publications/inter-municipal-agreement-fire-safety-services](http://www.cantondegore.qc.ca/en/publications/inter-municipal-agreement-fire-safety-services)), you will find the background behind this approach.

**There is also a lot of inaccurate information currently circulating on social media, and I want to set the record straight:**

- All the equipment and firefighters needed for the Gore Fire Department remain in Gore. The fire station remains open and operational. We are not losing our service.
- Why sign an agreement with Lachute? Because Lachute has firefighters on duty internally (in the fire station) and a command staff composed of several managers—which allows for an officer on duty 24/7 instead of only one fire chief being responsible 24/7, 365 days a year. Lachute firefighters are in the fire truck within 90 seconds of receiving a call, and, after several tests, the transport time between the Lachute fire station and the Gore fire station is 12 minutes for a fire truck.
- Is the council negotiating this agreement because of the unionization of firefighters? Not at all—the council has been looking for solutions for a long time, and negotiations with the City of Lachute began well before the city was informed of the unionization (which took place in February 2025).

The municipality's sole goal is to find a way to improve our service and better protect our citizens.

I hope this information helps you better understand the issue. As always, I'm available for any questions you may have. Feel free to write or call me!

**Scott Pearce**

## A LOOK BACK AT THE INVASIVE SPECIES CONFERENCE

On June 21<sup>st</sup>, a captivating conference on Invasives Species was held at the Gore Community Center. The event aimed toward better understanding the challenges linked to these species, to provide tools to Citizens in order to prevent their introduction, and to learn to detect them, understand how they propagate and know when and how to intervene.

The Guest Speaker, Mathieu Madison (Biologist / Environmentalist) invited by the Alliance of Gore Lake Associations, offered a clear, documented and highly appreciated presentation. Over 50 participants attended, showing the growing interest about this problematic issue. Numerous pertinent questions and rich sharing animated the discussion.

Mathieu Madison recommends a systemic approach, i.e. he takes into account the overall ecosystem where the different species evolve instead of focusing and acting on a species in particular.

The Eurasian Milfoil is THE aquatic exotic species that we need to prevent from spreading. Surveillance and detection are the first steps to take.

This meeting shows the growing synergy between the lake associations in Gore and a collective desire to better understand the preventive actions.

We thank the Township of Gore for offering us the community center space.

The Alliance Organizing Committee

## Exotic species present in Gore:

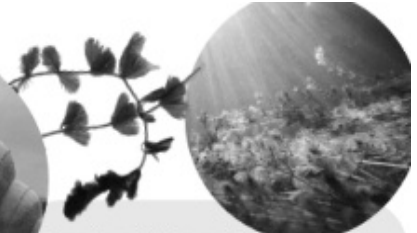
### Chinese Mystery Snail (*Cipangopaludna chinensis*)

Small freshwater snail with a greenish-brown spiral shell, reaching up to 5 cm in length. It inhabits several lakes in the Laurentians, particularly in the Argenteuil RCM. This species competes with native mollusks for the same food resources, thereby disrupting the balance of local aquatic ecosystems.



### Eurasian Watermilfoil (*Myriophyllum spicatum*)

Aquatic plant with whorled feathery leaves and red flowering spikes. It forms dense mats in lakes and rivers, particularly in areas like Deux-Montagnes and Tremblant, depriving native aquatic vegetation of sunlight and obstructing navigation.



### Japanese Knotweed (*Fallopia japonica*)

Plant with thick stems and heart-shaped leaves, it grows in dense masses along roadsides and riverbanks. Highly invasive, it smothers local vegetation and can damage structures. Found widely throughout the Laurentians.



### Red-eared Slider (*Trachemys scripta elegans*)

Identified by a bright red patch behind each eye, this turtle is often released by pet owners. It establishes itself in ponds and lakes near urban areas, where it competes with native turtles and can disrupt local wildlife populations.



### Common Reed (*Phragmites australis*)

This reed, which can grow up to 4 meters tall, colonizes marshes and ditches, notably in Mirabel, Sainte-Agathe, and even Gore. It forms very dense stands that reduce biodiversity and alter the functioning of wetlands.



### Garlic Mustard (*Alliaria petiolata*)

Herbaceous plant found in understories and along trails, recognizable by its heart-shaped leaves and white four-petaled flowers. It releases toxic chemicals that inhibit the growth of other plants, altering the plant composition of forests around Mont-Tremblant and Saint-Sauveur.



### Buckthorn (*Frangula alnus*) (*Rhamnus cathartica*)

These shrubs, ranging from 3 to 6 meters tall, quickly colonize woodlands and hedgerows, notably in Mirabel and Lachute. Their dense growth prevents the regeneration of native species, thereby altering natural habitats.



## BOAT WASHING STATIONS IN GORE

To preserve our waterways and lakes, Gore has installed two self-service boat wash stations in the area. They are available at the following locations:

**Municipal Park** – 45 Cambria Road (chalet building)

**Beattie Lake Nature Park** – 501 Beattie Road (for park users)

It is important to wash all your boats before launching them in Gore. This is the most effective way to prevent the spread of Eurasian Watermilfoil (among other things).





## THE TRÉSORS DU DÔME

Have you visited the Dome lately? Les Trésors du Dôme is located on the same property as the Ecocentre (40 Sideline Road) and you are entitled to unlimited visits.



Les Trésors du Dôme is a resource center that collects items in good condition to resell them at low prices. You can come and donate your items and make low-cost purchases.

During the summer season (until Thanksgiving), the Dome is open Wednesdays, Saturdays, and Sundays from 10 a.m. to 2 p.m.

All funds raised are donated within the three participating municipalities: Gore, Wentworth, and Mille-Isles.

We are always looking for volunteers to help out at the Dome. Do you have a few hours to spare? If so, please don't hesitate to contact us.

For all inquiries, volunteer opportunities, and questions, write to us at: [tresorsdudome@gmail.com](mailto:tresorsdudome@gmail.com).

## THE COMMUNITY GARDEN TRANSFORMED INTO A « BUZZ CLUB » FOR THE 2025 SEASON

In recent years, the community garden participation has declined significantly. Only a few dedicated volunteers helped us maintain the garden, and most of the vegetables rotted before being harvested. Furthermore, investments would be required to upgrade our garden (several poorly drained or end-of-life containers). In 2026, we will seek grants to revitalize the garden and make it a nourishing space for the community.

To help pollinating insects (including our friends the bees) and to prevent the area from becoming abandoned, the municipality has planted bee-friendly flowers.

This year, the garden is here for our insect friends. We will keep you updated on the blooms of our beautiful flowers. Thank you for respecting this space!



## NEWS FROM LES SENTIERS DE GORE

### Looking for volunteers!

The non-profit organization *Les Sentiers de Gore* is looking for volunteers to maintain the trails at Denommé Park and the Pioneer Park. Tasks include drainage, culvert repair, shelter construction, weeding, and more.

If you would like to join the trail maintenance efforts taking place over the next few weeks, please email us at [info@lessentiersdegore.com](mailto:info@lessentiersdegore.com).

We will then send you the dates and locations of the work activities.

Thank you for coming to help us maintain our beautiful trails!

### September 20<sup>th</sup> Hike

Join Jean-François Hamilton of Sentiers de Gore and Jacques Pigeon of the Dunany Residents' Association on **Saturday, September 20<sup>th</sup> at 1:00 p.m.** for a hike in a little-known part of Gore: the hamlet of Dunany, including its church, cemetery, and an old historic property. On the agenda: history, heritage, and hiking.



Duration: approximately 3 hours. This activity is free. Bring a snack and water.

Meet at **1127 Dunany Road** in Gore.

To learn more about Les Sentiers de Gore, visit the website [lessentiersdegore.com](http://lessentiersdegore.com) and sign up for the newsletter.

## INSTALLATION OF EDUCATIONAL RADARS

Six educational radars have been installed at strategic locations throughout the territory. Other radars will be installed in the coming years, which we hope will improve road safety by encouraging motorists to drive more slowly on our roads. These radars record the speeds of all users. The statistics will be shared with the Sûreté du Québec to help them target problem areas in the municipality and thus be able to act more effectively on our territory.



# MISCELLANEOUS

## PUBLIC WORKS

As you know, a heavy rainfall event occurred in Gore on Sunday, July 13<sup>th</sup>. This event had significant (and disastrous) consequences on our roads. The road crew was able to quickly restore traffic on Brown Road; however, two roads remain closed for the time being.

- 1- **Barron Lake Road** is closed to traffic between civic numbers 20 and 27. Significant subsidence of the road requires extensive work at this location. The work will take place during the summer, but engineering plans are required as we want to consider climate change in the design and ensure the construction of resilient infrastructure.
- 2- **Kerr Road** is closed past the farm to Hughes Lake Road due to major shoulder erosion and a dangerous culvert. The work will be carried out over the next few weeks.

## ASSISTANCE PROGRAM TO PURCHASE SCHOOL SUPPLIES

Once again, the municipality will help all families in need with the purchase of school supplies. Simply write to [info@cantondegore.qc.ca](mailto:info@cantondegore.qc.ca) or call the municipality (450-562-2025) for program details. Please note that only permanent residents of the Township of Gore are eligible for the School Supplies program. **This year, the program includes the purchase of a new school bag for all children who need one (please include this in your application).**

If you would like to make a donation to the school supplies program, please contact us and give generously for the children of Gore.



## FIREFIGHTER DAY

The Gore Firefighters Association invites you to come meet our local firefighters for a family day filled with activities and demonstrations! This event is a great opportunity for family fun and a memorable community experience.

### Where?

Gore Municipal Park and Soccer Field

### When?

August 30, 2025, from 10:00 a.m. to 3:00 p.m.  
(postponed in case of rain)

### Program:

- Firefighter demonstrations and safety booth
- Inflatable games and face painting
- Exercise and line dancing area
- Tactical courses for children and adults
- Truck Museum
- Local artisans
- Activities for the whole family
- Food on site

*And more!*



## THE MUSIC COMES TO GORE

The Lakefield Cultural Space (Holy Trinity Church) will host a superb cultural program starting in September. Thanks to the support of several partners and sponsors, we can offer a beautiful selection of emerging Quebec artists. English-speaking and French-speaking artists are featured.



### Our program includes 6 dates:

- Saturday, September 20: Le Bon Show
- Saturday, September 27: Po Lazarus and Jeanne Laforest
- Saturday, October 18: Kinkead and Sandrine St-Laurent
- Saturday, November 8: Aline Winant and Velours Velours
- Saturday, November 22: Unessential Oils and Vanille
- Saturday, December 13: Un Noël folk with Arielle Soucy

All shows begin at 7:30 p.m., and a **pop-up refreshment bar will be open for the occasion in the community center starting at 6 p.m.**

Tickets are available at Point of Sale: <https://lepointdevente.com/billets/programmationculturelle2025>.

Buy your music passport (1 ticket/show) for the 2025 season and enjoy a discount!

\$180 for all 6 shows (General Admission Rate)

\$150 for all 6 shows (under 30 and 60+)

## KERR FARM: ITS HISTORY AND LEGACY

As you probably know, Kerr Farm is a historic site that has held great sentimental value for many years. The Kerr family was one of the first 200 families to settle in our small township in the early 19<sup>th</sup> century, in 1833.

### Amos Kerr, a pioneer for the resort industry

While the region was experiencing a marked decline due to rural exodus (in the 1930s), he had the visionary idea of creating a place where visitors could enjoy an authentic Canadian farm experience. He attracted visitors from Europe, Canada, and the United States. Determined, he even picked them up at the Lachute train station using a Bombardier B12 skidoo as a taxi. From 1930 until the 1980s, Kerr farm offered tourists a wilderness experience. The site included worker housing, a gas station, a mechanic's garage, a tennis court, an inn, a beach, and farm activities.



### A Rich History

Between Amos Kerr's time and today, the site has served several purposes: a bed and breakfast, a rehabilitation center, a shelter for people with disabilities, and more. In March 2020, Steve Vachon became the owner of this once-community space, precisely four days before the start of the COVID-19 pandemic. Despite this difficult context, Steve was committed to restoring this festive, family-oriented, and unifying place to its former glory.

After more than a decade of neglect, the work was colossal: renovating the reception hall's parquet flooring, restoring the rooms, and, above all, revitalizing the site's spirit. An entrepreneur in the microgreens sector and former owner of a bistro in Montreal, Steve firmly believed in the potential of Kerr Farm to bring the Canton community together again.

Steve dreamed of a peaceful, communal space conducive to wonderful human encounters. Although fraught with challenges and a rollercoaster of emotions, he persevered. With the support and help of his father, he poured a lot of love into restoring the place to a welcoming state, especially by restoring its historic character.

After more than two and a half years of hard work, Kerr farm reopened its doors in the fall of 2022 for its first event: an intimate and joyful wedding, the perfect symbol of this rebirth.

Kerr farm has once again become a vacation spot where it's good to live and celebrate. Weddings, birthdays, life celebrations.

Steve loves seeing the smiles and moments of joy that take place there: "It's fun to see happy people at home; it's magical". The latter also wanted to find a way to open the doors and welcome citizens into a collective, cultural, and community offering to allow this legendary place to be reborn, true to the village spirit that Amos Kerr had established.

The name "La Ferme Kerr" was retained in honor of Mr. Amos Kerr; Steve wholeheartedly wanted to honor this man's vision. During a meeting with Mrs. Margaret Kerr, wife of Mr. Harvey Kerr, he asked her permission to keep the original name. So touched and honored by the gesture, she gladly accepted, leaving him a painting featuring the famous red barn.

### Cultural Programming: A Legacy for the Community

Still with the genuine desire to revive the site and allow citizens to enjoy the space, the idea of creating the non-profit organization Héritage Ferme Kerr was born. Inspired by Mr. Kerr, Steve launched several flagship activities:

- **Mardi Rire Gras:** a French-language comedy cabaret hosted by Joe Guérin and an English-language cabaret hosted by Rachelle Elie. Every Tuesday during the summer, the barn transforms into a comedy club where 80 people laugh together while discovering comedians.
- **The Curiosity Market:** this unique public market combines art, culture, and agriculture. Since summer 2024, the market has been held every Thursday from 4 p.m. to 7 p.m., on a charming site, and is already one of the largest markets in the Laurentians. The market will continue until September 11.

These events would not be possible without the commitment of the citizens and volunteers who participate.

### The Future of Kerr farm

Steve dreamed of a place where his family could thrive. When he thinks about how far he's come since March 2020, he's thrilled and moved by the environment in which his son, little Ary, will grow up. He's convinced that the pioneers of this place would be proud of the revival of this unifying space. Thanks to Steve's boldness, passion, confidence, tenacity, and undoubtedly his vision, Héritage Ferme Kerr now provides a rich cultural and community offering that, above all, is faithful to the original spirit of this historic site.

### Héritage Ferme Kerr

The organization's mission is to:

- Perpetuate the historical legacy of the site
- Revalue local heritage
- Promote a human and collective approach
- Offer socio-cultural events accessible to all
- Ensure the sustainability of these offerings for the population
- Offer an alternative and intergenerational educational component
- Promote the territory and strengthen ties between citizens and neighbors
- Promote collective and community values

### The Team

Héritage Ferme Kerr exists thanks to the involvement of citizens and volunteers, as well as a dedicated board of directors: Lorie Leonard, Eileen Squires, André Martin, Alain Dominique, Marie-Josée Gagné, and Jean-François Hamilton. Thanks to them, Mr. Amos Kerr's vision continues to live on and have a real impact on our community.

For more information on the various activities taking place at Ferme Kerr ([www.fermekerr.com/](http://www.fermekerr.com/)).





## MISCELLANEOUS

### HAVE YOU HEARD OF LA FERME À CHAMPIS?

The Ferme à Champis (the Mushroom Farm) was founded in November 2024, driven by a simple but essential idea: to contribute to the food resilience of our region.

Marie-Josée Gagné, a proud resident of our small township for almost two years, fell in love with our village. Working remotely, she and her partner were able to realize their dream of settling near Evans Lake.

Marie-Josée quickly integrated into the community by volunteering her time at various municipal events. She also holds a new role on the board of directors of the Kerr Farm Heritage organization.

A sense of belonging emerged naturally, fueled by the community spirit and the desire to offer local mushroom production. Every Thursday, until September 11, find La Ferme à Champis at the Kerr Farm's Market of Curiosities, which offers you the perfect opportunity to meet Marie-Josée and discover her mushrooms. Grown right here in Gore.

Mushroom farming is ecological, economical, and profitable. But above all, it's a rewarding and stimulating activity that fosters encounters with local residents.

La Ferme à Champis produces mushrooms year-round: you can purchase mushrooms from Marie-Josée 365 days a year. In just 6 months, she's already been supplying her products to the Herbes chouettes farm shop <https://herbeschouettes.ca/collections> located in Lachute. Marie-Josée hopes to partner with local restaurateurs and farmers to develop the idea of growing mushrooms in

various locations in the region, always with the goal of promoting local production.

As a communications and human relations trainer, she also plans to develop workshops to share her passion and make mushroom farming accessible to all.

Long live La Ferme à Champis! Bravo Marie-Josée for daring to foster this wonderful passion for mushrooms.

**For more information visit their website:**

<https://lafermeachampis.com/>

**Follow La Ferme à Champis on their platforms:**

**Facebook:**

[https://www.facebook.com/profile.php?id=61567828176265&locale=fr\\_CA](https://www.facebook.com/profile.php?id=61567828176265&locale=fr_CA)

**Instagram:** [www.instagram.com/champisgore/](https://www.instagram.com/champisgore/)



## ACTIVITIES

### THE COUREUR DES BOIS CHALLENGE AT LAKE BEATTIE NATURE PARK

Don't miss the 14<sup>th</sup> edition of the Coureur des Bois Challenge, which will be held on August 23<sup>rd</sup> at Beattie Lake Nature Park. The Coureur des Bois Challenge is a trail race through the magnificent trails of Beattie Park. It's a wonderful opportunity to challenge yourself with family or friends.

**This year's distances are:**

1 km (for children 12 and under), 3 km, 6 km, 10 km, and 20 km.

**What to expect:**

- Entertainment for children and adults
- A meal (chili) at the end of your race
- Medals for everyone
- Podiums with prizes for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place
- Numerous prizes (annual passes to Beattie Park, overnight stays, show tickets)

**DON'T MISS OUT!**

**REGISTER HERE:**

<https://www.ms1inscription.com/DCDB2025>

If you would like to volunteer for the event, contact Chloé at [ccharette@cantondegore.qc.ca](mailto:ccharette@cantondegore.qc.ca).

# ACTIVITIES

## A CHOIR IS BORN

Last fall (2024), a choir workshop was born in Gore, bringing together nearly fifteen people from the community and surrounding areas: English and French; proof that music knows no language barriers.

They presented their first Christmas show last December (2024) and joined singers from the Sainte-Adèle choir workshop to deliver a magnificent unison concert. It's incredible what vocal coach **Audrey Nobili** managed to create in less than three months!

A second show was presented last June (2025), in front of more than 110 people at the **Lakefield Cultural Space**. They were even invited to sing Gilles Vigneault's anthem, Gens du pays, at the Saint-Jean-Baptiste celebration in Sainte-Adèle.

Audrey Nobili played a big part in this. In the spring of 2024, we invited her to lead three pop-up choir events. We observed a real interest from the public, and the idea of creating choir workshops in Gore naturally emerged.

### Who is Audrey Nobili?

Audrey settled with her family in the Laurentians in 2017, after coming here on vacation two years earlier. Originally from Marseille, France, after working for nine years in the microelectronics field, she began a career change, completed a three-year training course at the Richard Cross School, and became a certified Vocal Trainer in Amplified Contemporary Music. This amateur singer, who sang in pop-rock bands, began teaching singing and directing pop choirs.

It's clear to Audrey: singing and music are an integral part of her life. She loves creating choirs, harmonizing voices, and developing each individual's talent. She firmly believes that

anyone can sing; they just need to learn a few simple techniques and they're ready to go. She loves the human touch this profession brings. It's moving to see people come together and sing together.

Audrey now directs three choirs in the Laurentians. The **"A Phil Good"** choir, born from the organization APHIL - Association of People with Intellectual Disabilities of the Laurentians (APHIL For a More Inclusive World), is a choir that is particularly close to her heart. She also directs the **Gore choir**, as well as the **Sainte-Adèle choir**; and soon the St-Hippolyte choir will be born. Voices can be heard rising up all over the Laurentians.

Audrey also offers vocal coaching for those who wish to further explore their voice.

A concert group will soon be formed to travel the region and offer performances in residences, organizations, and Christmas markets. In September, Audrey will consolidate all her singing activities under the project name "Together in Choir." Her mission? To spread joy, happiness, peace, and unity by bringing communities together through song.

The Gore choir workshops resume September 10<sup>th</sup> with weekly Wednesday evening meetings. The group is always looking for new singers who would like to join the group; it's a great activity for families, especially teenagers!

For those who are curious: join us on Thursday, August 21<sup>st</sup> at **Kerr Farm** for the **Curiosity Market**. Audrey invites you to a pop-up choir experience. She will teach you a song that you will all perform together. Don't miss it!

Don't hesitate to contact her: [audreynobili@gmail.com](mailto:audreynobili@gmail.com)



*Ateliers de chorale Pop hebdomadaires*

*engagement à la session*

**ENSEMBLE en Chœur**

**Gore** → **Mercredis 18h30 à 20h30**

**Session automne dès le 10 septembre**

**audreynobili@gmail.com**

**Espace culturel Lakefield (Centre Communautaire)**  
**2 chemin Cambria, Gore, Qc, JOV 1K0**

*Viens chanter avec nous!!!*





INSTITUT  
**THOMAS MORE**  
INSTITUTE

## FALL SESSION 2025

SESSION STARTS : Friday, SEPTEMBER 26th

DURATION : 10 weeks

TIME : 10:00 AM – NOON and will run for 10 weeks

LOCATION : 2 Cambria road, Gore Qc (Community center, at garden level)

COST: \$40.00 per term which will including mailing costs.

SUBJECT: Exploring Personal Narratives - Reading Memoirs and Diaries

This 20-week course, will take us on a journey through the intimate and reflective writings of memoirs and diaries.

By reading excerpts of works from various authors and time periods, we will explore the art of personal storytelling. Selections will include writings by historical and contemporary figures, explorers, politicians, authors, and many others.

What is the difference between diaries and memoirs?

What might prompt someone to write so personally?

Do diaries written in the moment reveal more "truth" than memoirs written after the fact?

Does our drive to make sense of our own lives encourage us to read that of others?

### REGISTRATION :

To participate to in the fall session, please register on line at [www.thomasmore.qc.ca](http://www.thomasmore.qc.ca)

For further information by email to

Jennifer MacGregor [jmacgregor@thomasmore.qc.ca](mailto:jmacgregor@thomasmore.qc.ca)

## COUR DE POTERIE À GORE

Apprenez la technique du tournage

6 semaines / 3hrs par sem. / \$390

Argile, glaçures et cuissons incluses

**Les samedis, lundis et mardis de 13h à 16h**

Session no.1 : du 20 sept au 28 oct

Session no.2 : du 01 nov au 9 dec

### FAITES UN ESSAI

Initiation / 3hrs / \$80

### RÉSERVEZ VOTRE PLACE

Appelez Nancy 450-409-1586

Visitez mon Facebook : Atelier tour de terre

## COURS D'ESPAGNOL SPANISH COURSE

POUR DÉBUTANT / FOR BEGINNERS



**JEUDI / THURSDAY**

**11:00 AM - 1:00 PM**

180\$/SESSION

10H DE COURS/CLASSES

5 SEMAINES :

25 SEPTEMBRE AU 23 OCTOBRE

5 WEEKS :

SEPTEMBER 25 - OCTOBER 23



### INSCRIPTIONS / REGISTRATION :

GABRIEL GARCIA 450-612-2462

[CENTREIMMIGRATIONENREGION@GMAIL.COM](mailto:CENTREIMMIGRATIONENREGION@GMAIL.COM)



2 CHEMIN CAMBRIA, GORE, QC  
CENTRE COMMUNAUTAIRE TRINITY (REZ-DE-JARDIN)

## COMMUNITY CENTER RENTAL

*Are you looking to host a big event  
with your entire crew and are  
looking for the ideal dance floor?*

Holy Trinity  
Community Center

2 Cambria road,  
Gore, Qc. JOV IKO

✉ [info@cantondégore.qc.ca](mailto:info@cantondégore.qc.ca)

## KNITTING CLUB

Come learn how  
to knit with Filia



Filia will welcome you, into the knitting world, she wants to pass on her knowledge.

Already 12 knitters in the club, don't be shy, come take a look.

LOCATION: COMMUNITY SPACE GARDEN LEVEL

TIME: starting at 4:00 p.m

PRICE: FREE

WHEN: Every Thursday, as of August 21 until November 27

INFO : [filia.cagianos@hotmail.com](mailto:filia.cagianos@hotmail.com)

## CURIOSITY MARKET

SUMMER 2025  
JUNE 26 TO SEPTEMBER 11  
EVERY THURSDAY - 4@7 PM



*Ferme Kerr Farm*

7 KERR ROAD - GORE, QC. INFO@FERMEKERR.COM

## SOUPE DES AINÉS SENIORS' SOUP

Lundi 15 septembre  
Monday Sept 15  
midi - noon

Au centre communautaire  
At the community center  
2 Cambria



To celebrate the origins of newcomers in the territory and to introduce you to the culture and new dishes in good company, there are **3 beautiful opportunities** this autumn to participate.

TUESDAY: 23/09 - 21/10 - 25/11

### CULTURAL COOKING WORKSHOP

11:00 AM - 3:00 PM 4 people / workshop

\* by reservation only

WEDNESDAY: 24/09 - 22/10 - 26/11

### INTERCULTURAL COMMUNITY MEAL:

12:00 PM - 1:00 PM

\$10 / person

30 people (limited spots)

\* by reservation only

RSVP to Chloé Charette

ccharette@cantondegore.qc.ca



A big thank you to the **Centre d'immigration en région** for this beautiful collaborative project & to the **Canton of Gore** for helping to bring these wonderful activities.

## Community breakfast

Sunday August 3rd  
9 to noon  
Community center  
2 cambria road, Gore. Qc

**\$7\***

\*\$5 for kids



## stretching & muscle strengthening

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MARDI 17h15  
VENDREDI 10h00

Starting September 6

manonrafaelle@hotmail.com

COMMUNITY CENTER  
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Gore, Qc. JOV1K0





# ACTIVITIES

## QIGONG YOGA NIDRA

WITH ELIZABETH (IN FRENCH)

### THURSDAYS :

September 18 to November 27, 2025 / 5:30 PM to 8:00 PM

FALL 2025 session : 11 weeks

1 class to try \$15

1 class / week : \$ 13 x 11 = \$ 143

2 classes / week : \$ 11 x 22 = \$ 242

**QIGONG** 5:30 PM - 6:45 PM

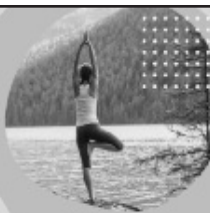
**GENTLE YOGA / YOGA NIDRA** 7:00 PM - 8:00 PM

INFORMATION ET REGISTRATION BEFORE AUGUST 30 WITH ELIZABETH

[SANTEMOUEVEMENTCONSCIENT@GMAIL.COM](mailto:SANTEMOUEVEMENTCONSCIENT@GMAIL.COM)

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## YOGA

Fall semester

September 9th to November 27th 2025  
(12 weeks)

Tuesday nights  
19:15 - 20:30

Thursday  
mornings  
Gentle yoga  
9:00 - 10:15

Une soft fusion of:  
Hatha  
Kundalini  
Breathwork

For more informations  
or to enroll

Hélène

514-659-5919

[info@anahatamedicina.ca](mailto:info@anahatamedicina.ca)  
[anahatamedicina.ca](http://anahatamedicina.ca)

Au Centre  
communautaire Trinity  
2, chemin Cambria  
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Contribution  
200\$ tes incl. for the semester (12 classes)  
one class : 20\$  
Places are limited

## THE GORE CHOIR

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AUTUMN SESSION, STARTING WEDNESDAY,  
SEPTEMBER 10, 6:30 PM - 8:30 PM



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+ INFO, please email Audrey : [audreynobilli@gmail.com](mailto:audreynobilli@gmail.com)



Audrey - Choir vocal coach

## MONDAY FREE ART WORKSHOP

2025 AUTUMN SCHEDULE  
MONDAY 1PM TO 4PM  
2 CAMBRIA, GORE

AUGUST 18 AND 25  
SEPTEMBER 15, 22 AND 29  
OCTOBER 20 AND 27  
NOVEMBER 17 AND 24



INSCRIPTIONS :

[ANNEMARIEBOISVERT2.0@GMAIL.COM](mailto:ANNEMARIEBOISVERT2.0@GMAIL.COM)



## MÉDITATION WITH OLGA

In these troubled and uncertain times, staying connected to peace and calm is essential for those who want to radiate peace within themselves and around them!

I offer a specially designed time and space for a weekly group meditation meeting. Group meditation allows us to increase our vibrations of peace and joy, as we come together for a common goal: PEACE.

The meeting lasts approximately one and a half hours, during which we meditate in silence (15-20 minutes), to the sound of meditation-appropriate music.

At the beginning of the meeting, there is a grounding session, followed by a shared herbal tea at the end, for those who wish. No experience is necessary.

**When:** Every Tuesday, from 1:30 p.m. to 3:00 p.m.  
(Sept 16 to Dec. 9)

**Location:** At my home, in the Lakefield Estate

**Cost:** Voluntary contribution (Proceeds raised will be donated to Gore's Christmas baskets)

**For information and registration:**  
Olga Fournier 450-562-3219



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## Open House

### Olga Fournier, stained glass artist

## August 23 & 24 2025

I am pleased to invite art lovers to come meet me in my little corner of paradise and share with you my knowledge of the art of stained glass, the symbolism of colors, and discover my new creations as well as my phantasmagorical garden.

In a friendly, relaxing atmosphere with drinks and snacks, you will be able to see me at work. I am holding a drawing for \$50, deductible with the purchase of a work. The winner's name will be revealed on Sunday, at the end of the weekend, and publicized on my Facebook page "Olga Fournier-Créations."

Here is the information for the weekend:

Location: at my home at 74 Tour du lac, Gore JOV 1K0  
Date: Saturday and Sunday, August 23 and 24  
Hours: 10 a.m. to 5 p.m.  
Info: Olga Fournier 450-562-3219 or 514-962-4006  
Website: [www.olgafournier.ca](http://www.olgafournier.ca)

This is an event not to be missed!



## Do you ever feel like acting and stepping on a stage?

Come and take part in our amateur theater French workshops in an atmosphere of camaraderie that requires no previous theatrical experience.  
(Must be able to understand and speak French)

**Where:** at Holy Trinity Church  
2, Cambria road, Gore, QC

**When:** on Fridays from 6:30 to 8:30 pm  
from September to November 2025 and  
February to May 2026

**Cost:** \$350 for the whole year

For information contact Lyne at: [Theatre.Gore2@hotmail.com](mailto:Theatre.Gore2@hotmail.com)



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# AOÛT / AUGUST 2025












D/S	L/M	M/T	M/W	J/T	V/F	S/S
					<b>1</b>	<b>2</b>
<b>3</b> Petit déjeuner communautaire	<b>4</b>  Conseil municipal – 19 h Municipal Council 7 pm	<b>5</b>  ZONE BLEUE Encombrants / Bulk items	<b>6</b>	<b>7</b>  ZONE BLANCHE Encombrants / Bulk items	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>  ZONE BLEUE Recyclage / Recycling	<b>13</b>	<b>14</b>  ZONE BLANCHE Recyclage / Recycling	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>  ZONE BLEUE Ordures / Garbage	<b>20</b>	<b>21</b>  ZONE BLANCHE Ordures / Garbage	<b>22</b>	<b>23</b> Défi Coureur des bois
<b>24 / 31</b>	<b>25</b>	<b>26</b>  ZONE BLEUE Recyclage / Recycling	<b>27</b>	<b>28</b>  ZONE BLANCHE Recyclage / Recycling	<b>29</b>	<b>30</b> Journé des pompiers Sortie guidée en forêt

**ATTENTION : L'HORAIRE DE LA COLLECTE DES DÉCHETS ET DU RECYCLAGE EST SUJET À CHANGEMENT :  
VÉRIFIEZ BIEN LE SITE WEB DE LA MUNICIPALITÉ POUR ÊTRE À L'AFFÛT DES CHANGEMENTS.**

**PLEASE NOTE: THE WASTE AND RECYCLING COLLECTION SCHEDULE IS SUBJECT TO CHANGE:  
VERIFY THE MUNICIPALITY'S WEBSITE TO BE AWARE OF CHANGES.**



# SEPTEMBRE / SEPTEMBER 2025

D/S	L/M	M/T	M/W	J/T	V/F	S/S
	1  ZONE BLEUE Encombrants / Bulk items	2  ZONE BLEUE Encombrants / Bulk items	3  Conseil municipal – 19 h Municipal Council 7 pm	4  ZONE BLANCHE Encombrants / Bulk items	5	6
7	8	9  ZONE BLEUE Recyclage / Recycling	10 La Chorale de Gore	11  ZONE BLANCHE Recyclage / Recycling	12	13
14	15 Soupe des aînés	16  ZONE BLEUE Ordures / Garbage	17	18  ZONE BLANCHE Ordures / Garbage	19	20 Espace culturel : Un Bon Show Sentiers de Gore – Randonnée
21	22	23  ZONE BLEUE Recyclage / Recycling	24	25  ZONE BLANCHE Recyclage / Recycling	26	27 Espace culturel : Po Lazarus et Jeanne Laforest
28	29	30  ZONE BLEUE Ordures / Garbage			<b>À NE PAS MANQUER / NOT TO BE MISSED :</b> Les mardis Rires Gras – 2 et 30 septembre / September 2 and 30	

**ATTENTION : L'HORAIRE DE LA COLLECTE DES DÉCHETS ET DU RECYCLAGE EST SUJET À CHANGEMENT :**  
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