The Express

9, Cambria Road, Gore (Québec) J0V 1K0 – Tel.: 450 562-2025

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The mayor, members of the council and all the staff wish you Happy Holidays!

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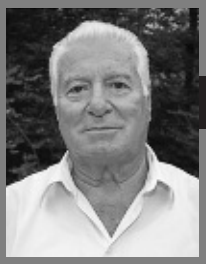
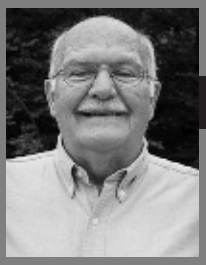
MEMBERS OF THE MUNICIPAL COUNCIL



COUNCILLOR 1

Don Manconi



COUNCILLOR 2

Clark Shaw

COUNCILLOR 3

Alain Giroux

COUNCILLOR 4

Shirley Roy

COUNCILLOR 5

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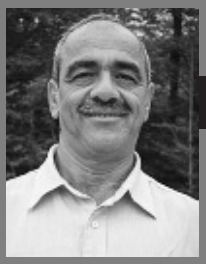

COUNCILLOR 6

Anselmo Marandola

MUNICIPALITÉ DU CANTON DE GORE
9, Cambria Road
Gore (Québec) J0V 1K0
Tel.: 450 562-2025
Email: jboyer@cantondegore.qc.ca

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A WORD FROM THE MAYOR

Dear residents,

The holiday season is upon us and I would like to take this opportunity to recognize the work and dedication of the municipal council and the municipal staff, despite the pandemic and the overload of work that the current situation has created. Our municipal council was able to take courageous decisions, such as canceling interest on all 2020 tax bills. We intend to continue this aid measure until the end of the pandemic, until the situation is under control. This year, we will present a budget without tax increases, so as not to increase the tax burden on our residents.

What I take away from 2020 is that our people have faced adversity with courage and determination. Municipal staff were present 100% of the time to serve our population, even during the first wave, and they did their best to ensure that there was no impact on services to residents. The enthusiasm for our beautiful region has caused a great increase in work: permit applications of all kinds have doubled this year. Among others, we have given out twice as many new construction permits as in previous years.

Our recreation department had to reinvent itself, we managed to do an outdoor concert, celebrate Halloween and we will have a Children's Christmas at the park, all thanks to the exceptional participation of our volunteers. In fact, in addition to contributing to all these events, our volunteers have helped many of our residents. We called all of our elders, we ordered food, delivered medicine, dismantled carports, etc. This makes me proud of our municipality. Thank you to everyone who helped make 2020 a special year for many of our residents.

I wish you, on my behalf and on behalf of the municipal Council, an excellent holiday season.

Your mayor
Scott Pearce

CHRISTMAS BASKETS DRIVE

Due to the circumstances of COVID-19, significant changes have been made to this year's Christmas basket collection. There will be no door to door pickup this year. We ask everyone to bring their non-perishable food donations directly to the community center during the week of December 7 to 13 between 9 a.m. and 5 p.m. The office is open to receive donations before these dates Monday through Thursday between 9 a.m. and 5 p.m. and Friday from 9 a.m. to 12 p.m.

Volunteers are especially needed this year during the food drive week and for the preparation of the baskets. Please contact **Don Manconi at 450 562-3397**.

Families wishing to receive a Christmas food basket are invited to contact **Ms. Rose Manconi** before December 15, 2020 at **450 562-3397**.

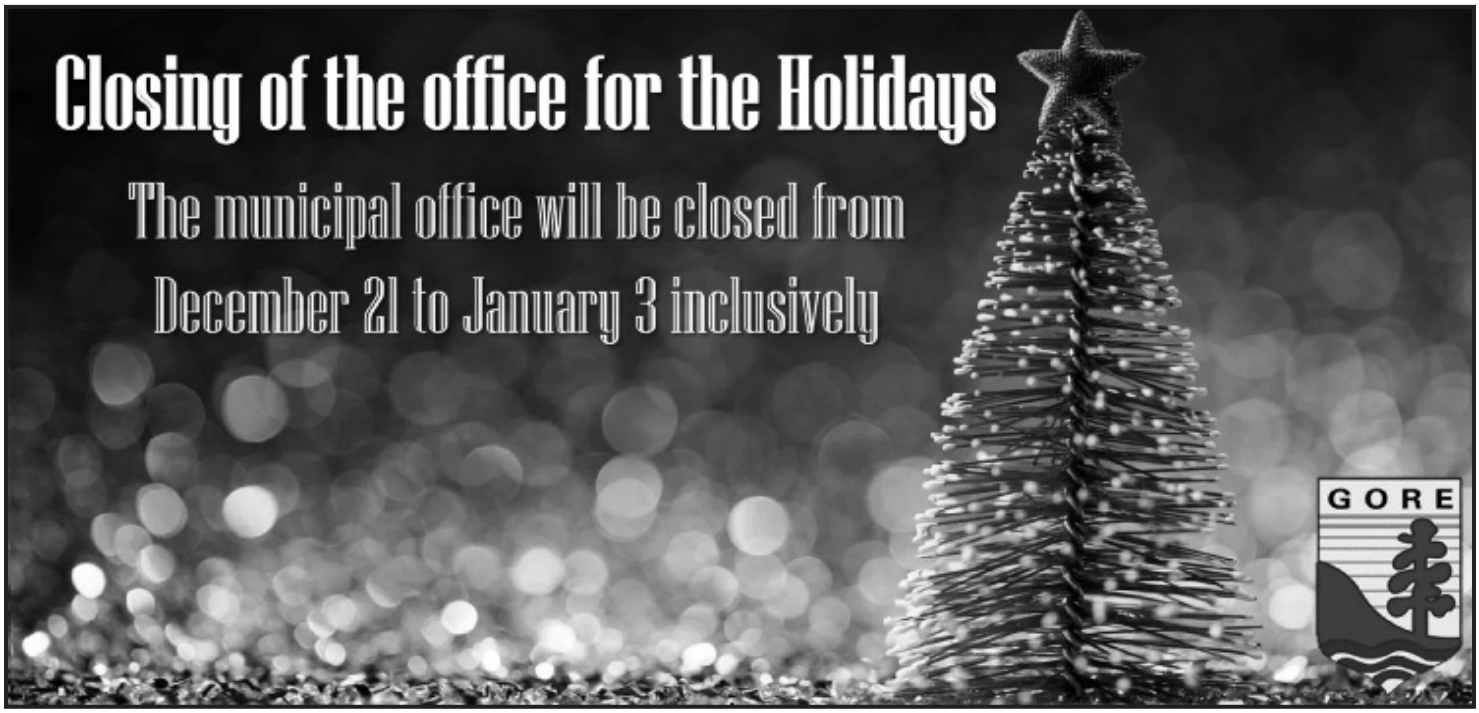
Thank you to the firemen for the Guignolée – $1,637 were raised for the Christmas baskets! Christmas baskets will be distributed on Saturday December 19, 2020

Donations in cash or by check are greatly appreciated and can be made to the Municipality of Gore for the *Gore Christmas Basket Fund*.

Be generous this holiday season!

Thank you.

OFFICE CLOSURE - HOLIDAYS



OUTDOOR ACTIVITIES

SNOWSHOES AVAILABLE AT THE MUNICIPALITY

Enjoy the beauty of your environment by getting out into the beautifully groomed local trails around Gore. The municipality has SNOW SHOES! 5 pairs of adult size and 5 pairs children's size. All you have to do is phone and reserve and come pick them up before the weekend and enjoy them! The snowshoes are free. You will need to provide I.D. and sign a waiver and away you go.

Trails you can check out are:

Le sentier des Pionniers located at Gore's municipal park, 42 chemin Cambria

Sentier du Parc Dénommé located on Densa road (take Cambria than turn onto Densa just past the lake you will find the trail heads and a sign leading you to Parc Denommé)

EXCITING NEWS: *This winter, Lake Beattie Park will have a beginning network of trails ready to explore by snow shoe and fatbike! We will keep you informed when the trails will be open.*

MOONLIGHT SNOWSHOE HIKE – JANUARY 30TH AT 7:00 PM

Les Sentiers de Gore invites you to its traditional moonlight snowshoe hike in the Pioneers trail. Meeting point is at the Municipal Park (45, Cambria Road) on January 30th at 7 p.m. Bring your snowshoes, water and a headlight. Children under 15 years old must be accompanied by an adult. Hot chocolate will be served. For more information, follow us on Facebook or register to our newsletter on our website lessentiersdegore.com.

KIDS CHRISTMAS PARTY

Santa will be in the municipal park this year (45 Cambria road) Saturday, December 12, between 10 AM and 1 PM. Pre-booked time slots will be organized so that each child receives a gift from Santa Claus. Contact Jody Anker to register your child and reserve your time slot **before December 7**: janker@cantondegore.qc.ca or by phone at **450 562-2025 extension 3543**. Obviously, all sanitary measures will be in place for a safe party! There will be Norwegian Sleds around the park, a nice fire and hot chocolate.

CONSERVATION LAKEFIELD

WORKING TO PRESERVE WETLANDS IN GORE

Wetlands are an oasis of natural beauty, and are critical in supporting biological diversity. This important natural resource is being rapidly destroyed across Quebec and around the globe. But in Gore, we are lucky to have an exceptional wetland right here! The wetland of the Rivière de l'Est is impressive in its size and scope, providing exceptional habitat for birds and wildlife, and also acting as a protective natural sponge to absorb flood waters and runoff. You can help Conservation Lakefield preserve and protect the wetlands in Gore. Become a member today!

Email: info@conservationlakefield.ca
Facebook: conservationlakefield
Web : conservationlakefield.ca
Instagram : conservation_lakefield

YANN FORTIER – A LOCAL AUTHOR

Yann Fortier is a proud resident of Gore. He has just published his second novel (in French), **Né pour être vivant**, with Éditions Marchand de feuilles. The novel traces the astonishing rise of Antoine Ferrandez who, at the turn of the 1980s, rose to interplanetary glory thanks to his iconic disco anthem Born To Be, Or Not To Be (Born). The novel, published in the spring of 2020, received high praise in Le Devoir, Le Journal de Montréal and L'Actualité. The novel can be purchased online at leslibraires.ca or in any major bookstore.

In this chronicle of the last pre-digital years, the disco star go up the thread of his existence.

And incredible adventures.

CHRISTMAS TREES, REAL OR FAKE?

Holiday traditions abound and the Christmas tree is considered one of the most important symbols of this time of year. The origin of the decorated tree as we know it dates back to an ancient pagan rite during the winter solstice. As early as the 11th century, trees (firs and spruces) were decorated with red apples representing the tree of paradise, but it was in Germany that the tradition of the Christmas tree really began in the 15th century. Originally, natural trees were used, but over the years artificial trees have sprung up in households. Is it more environmentally friendly to choose a natural or artificial tree?

A study has shown that natural trees have a significantly smaller ecological footprint than artificial trees, usually made from petroleum-derived materials from Asia. Trees made of PVC can take up to 200 years to degrade! It is much more eco-conscious to choose a natural and local tree that captures CO2 during its growth and acts as a wildlife habitat and soil stabilizer. In addition, natural trees can be composted or upgraded after the Holiday season. An artificial tree can be a responsible choice, but it must be kept for at least 20 years to approximate the impact of a natural tree. And why not choose a potted tree? The latter can be kept alive longer and possibly be replanted in the forest in spring.

An environmentally friendly Christmas

This year Christmas is shaping up to be different from previous years, but different does not mean less enjoyable. Here are 8 tips and tricks for an environmentally friendly Christmas to make this holiday season unique.

1- **Offer a non-material gift**: This year, why not offer an experience rather than objects? Offer your services, a private lesson, a subscription to a nature park or even a donation to a foundation that is close to your heart. Often the simplest gifts are the most appreciated.

2- **Reuse**: An economical and practical gift can also be something you already have. Whether it's a piece of clothing, a book, a tool or a kitchen accessory that we no longer need, it will surely be able to please someone around you.

3- **Encourage local purchasing**: More than ever, it's important to encourage local artisans and traders. Promote local artists by discovering their products and creations at the various (virtual) Christmas markets and in neighborhood boutiques.

4- **Zero waste packaging and cards**: Gift packaging is often made from plastic products that are neither recyclable nor biodegradable. Encourage the use of cereal boxes, newspapers or even fabrics that can be reused and even composted after use.

5- **Make your own decorations**: Crafting is always so fun regardless of age. Make your own Christmas decorations with fir trees, wood, dried citrus fruits, paper, etc. You can reuse them or even compost them after the holidays.

6- **Cook local products**: Share local and seasonal products with your family and friends by choosing to encourage local producers. Foods that travel less produce significantly fewer greenhouse gas (GHG) emissions. Why not try incorporating vegetarian options into your menu? These are not only ecological but also economical.

7- **Offer a useful gift**: If the purchase of gifts is inevitable, prioritize useful and good quality objects. Inexpensive items are often made from plastics or petroleum products. In addition, to offer a product at a very low price, production costs must be reduced and therefore labor may not have been fairly remunerated. Choose toys made of wood, fabric or natural rubber. These will be sustainable and can be given to the next generation.

8- **Reduce waste**: In this season of plenty, food waste is a serious issue. It is best to buy in smaller quantities and more often to avoid wasting food. Limit overwrapping or reuse them. The best waste is above all the waste that is not produced.

HEALTHY BASKETS, ECONOMICAL GROCERY AND PREPARED MEALS

Did you know that the Café Partage d'Argenteuil team, a community organization in Lachute, prepares baskets of fruits and vegetables at affordable prices every two weeks (between $ 10 and $ 22 approximately)? These baskets are delivered directly to Gore at the community center on Tuesday mornings. Contact them for pricing (there are three different basket sizes) and availability for delivery.The Café Partage also offers an inexpensive Grocery Service and also prepared meals, which they deliver in Gore along with the fruit and vegetable baskets. If you wish to consult the list of all the products available in grocery stores - do not hesitate to contact Café Partage or the municipality directly.

To reach Café Partage d'Argenteuil: **450 562-0987**.

The Café Partage model is unique in the Laurentians. Thank you for offering this food alternative to our communities!

WEEKLY COMMUNITY LIBRARY – EVERY MONDAY NOON TO 4 P.M.

Gore's book drive was a huge success. We are in the process of becoming an official library. Due to space, we ask people to call before donating books. The concept adapts to a loan service with an easy going Gore approach!

We invite all members of the community to come visit our small but wide variety of readings.

Thank you for all the help we have received from our volunteers, sharing the load by receiving, categorizing and being present during opening hours.

For any book donations please call Jody Anker at **450 562-2025 extension 3543.**

ACTIVITIES AT THE COMMUNITY CENTER

The Community Center is open again for organized activities. However, it is still not possible to book it for private events. We are monitoring the situation closely and hope to open it for rental soon.

The following activities will take place this fall at the Community Center: Please book your place.

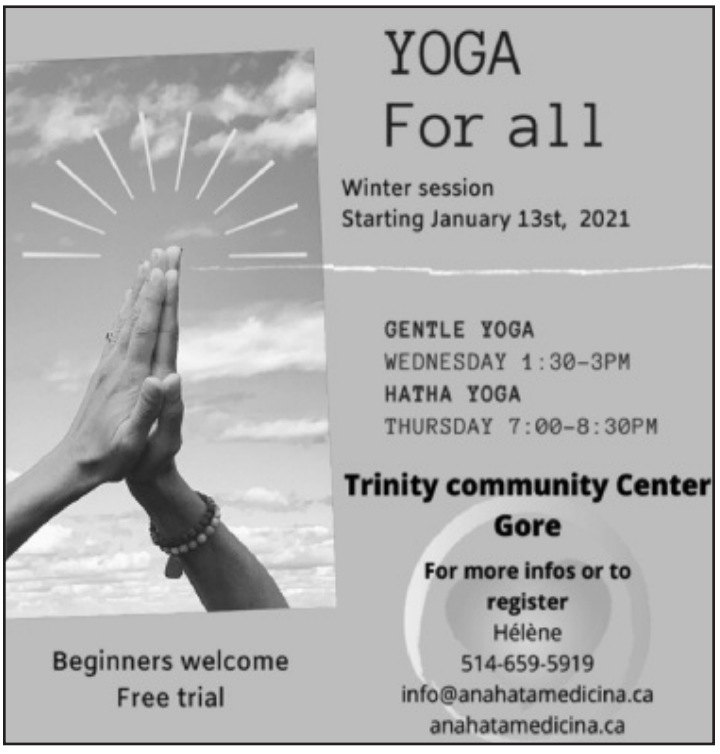
ACTIVE LIFE WITH MARY CHURPIN:
450 562-9297 Monday and Thursday from 11 a.m. to noon.

YOGA WITH HÉLÈNE D'ASTOUS
514 659-5919 Wednesday from 1:30 p.m. to 3 p.m. and Thursday at 7 p.m. to 8:30

DANCERSISE WITH LYNN POWELL:
450 432-2156 Tuesdays and Thursdays at the Community Center. 1:15 p.m. to 3 p.m.

You will need a mat, a small weight, and an elastic exercise band. Classes are free, but a donation for Christmas baskets would be greatly appreciated.

COURS ESSENTRICS IN GORE WITH MANON DURAND:
450-569-7037 Monday January 11 at 1 p.m., for 10 weeks. First trial class at $ 10. ESSENTRICS will move your 650 muscles: Stretching and muscle building, Posture - Balance - Flexibility – Energy, Wellness ... rejuvenate! Limited registration, book with Manon



ROASTED TURKEY WITH SPICED BUTTER

PREPARATION: 45 MIN.
COOKING: 2 H.
PORTIONS: 10

INGREDIENTS

Turkey

1 turkey, fresh or frozen, about 16 lbs (7 kg)
7 teaspoons (35 ml) salt (table salt)
1/2 cup (125 ml) unsalted butter, softened
2 teaspoons (10 ml) dry mustard
1/2 teaspoon (2.5 ml) ground cinnamon
1/2 teaspoon (2.5 ml) ground nutmeg
1/2 teaspoon (2.5 ml) ground coriander seed
2 cups (500 ml) chicken broth

Sauce

1 onion, diced
4 cloves garlic, lightly crushed
3 tablespoons (45 ml) butter
1/3 cup (75 ml) cognac

or

75 ml (1/3 cup) cider

or

75 ml (1/3 cup) white wine
8 cups (2 litres) chicken broth (preferably reduced in salt)
1 tomato, diced
1 tablespoon (15 ml) Worcestershire sauce
3 bay leaves
3 tablespoons (45 ml) cornstarch
3 tablespoons (45 ml) water
Salt and pepper

PREPARATION

Turkey

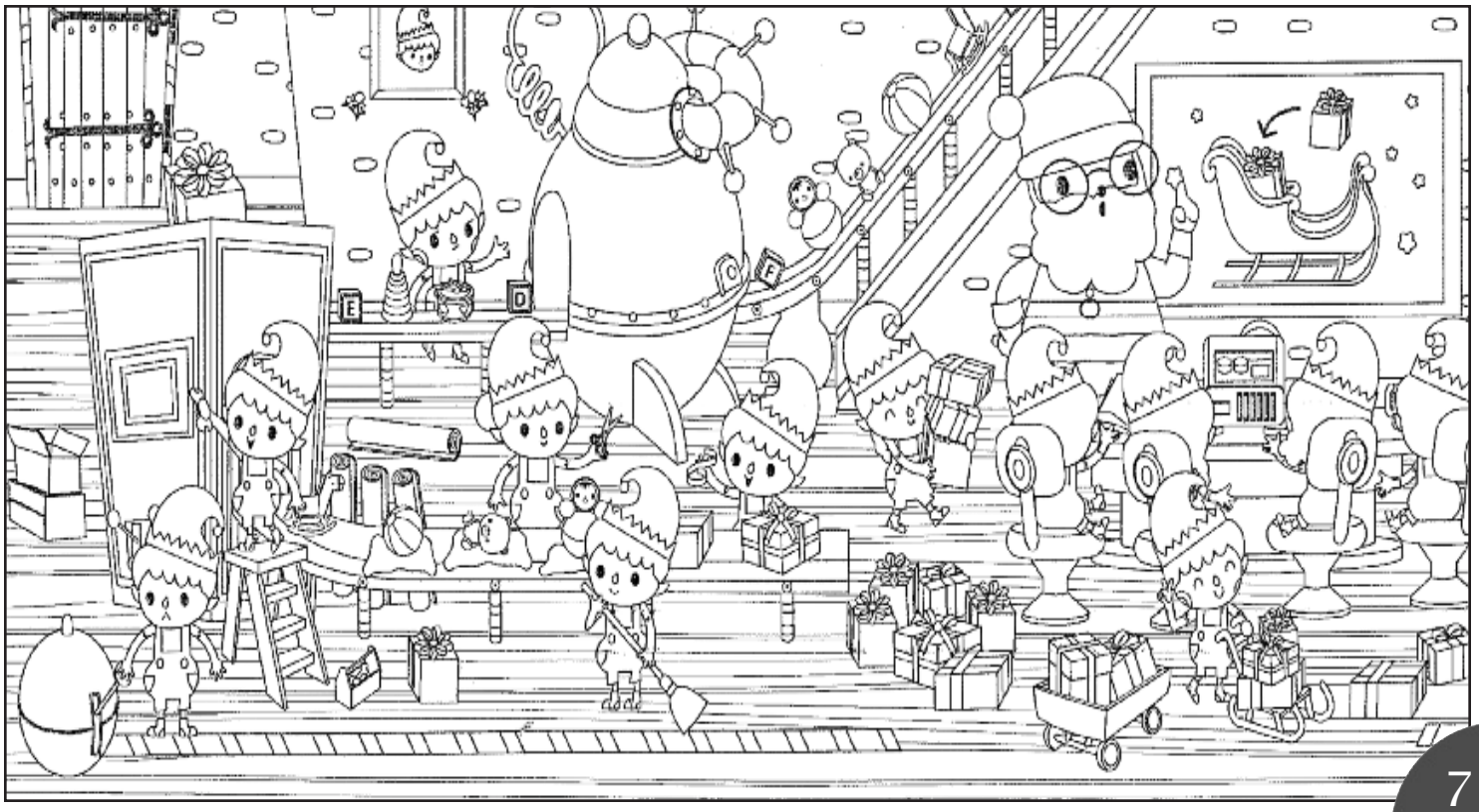
1. Place the turkey, breast side up, in a large glass dish. Rub the inside cavity of the turkey with 10 ml (2 teaspoons) of salt. Sprinkle the remaining salt on the breast and thighs of the turkey. Cover with plastic wrap and refrigerate for two days. If the turkey is frozen, let rest in the refrigerator for two days. It will thaw while macerating.
2. With the rack in the lowest position, preheat the oven to 220 °C (425 °F).
3. In a bowl, combine the butter and spices. Set aside.
4. In a large roasting pan fitted with a rack, place the turkey, breast side up. Pat the skin of the turkey dry with paper towels.
5. With your fingers, gently loosen the skin from the breast and thighs of the turkey, without tearing the skin. Spread the spiced butter evenly under the skin. Pour the broth into the roasting pan.
6. Bake for about 30 minutes. Reduce the oven's temperature to 165 °C (325 °F). Continue baking for about 1 hour and 30 minutes or until a meat thermometer inserted into the thigh without touching the bone reads 82 °C (180 °F). Place the turkey in a serving dish and let rest for about 30 minutes without covering it with aluminum foil.

Sauce

7. Meanwhile, in a saucepan, soften the onion and garlic in the butter. Deglaze with alcohol. Add the broth, tomato, Worcestershire sauce, and bay leaf. Bring to a boil and reduce by half.
8. In a small bowl, dissolve the cornstarch in the water and slowly whisk into the sauce. Simmer for 1 minute. Season with salt and pepper.
9. Serve the turkey with the sauce.

Source: Ricardo

CHRISTMAS DRAWING TO COLOR



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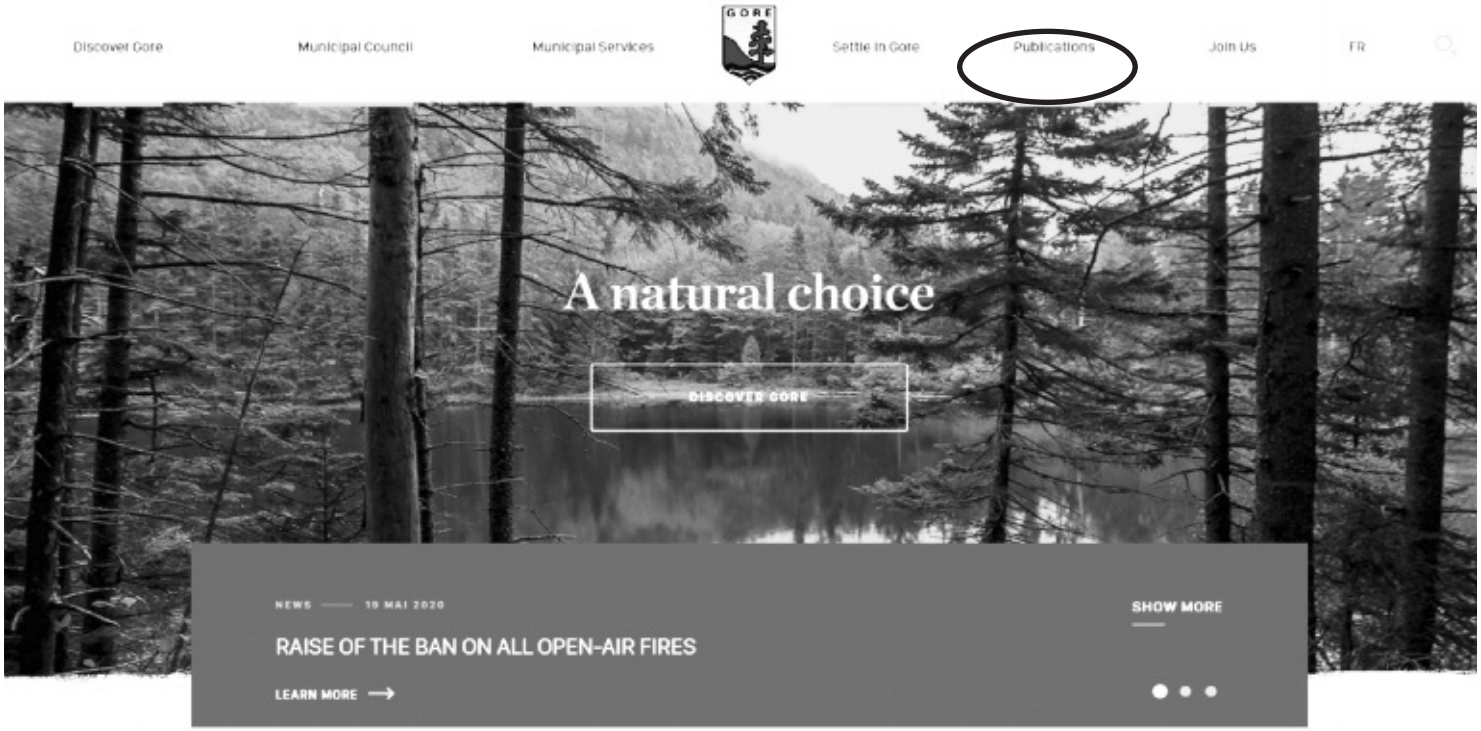
For all the latest info: www.cantondegore.qc.ca and on Facebook.



WWW.CANTONDEGORE.QC.CA **facebook @CANTONDEGORE**

MONTHLY CALENDAR

DECEMBER 2020

S	M	T	W	T	F	S
In this period of pandemic, thank you for protecting yourself and others.		1	2	3 Garbage	4	5
6	7 Municipal Council – 8 pm	8	9	10 Recycling	11	12
13	14	15	16	17 Garbage	18	19
20	21 MUNICIPAL OFFICE CLOSED	22 MUNICIPAL OFFICE CLOSED	23 MUNICIPAL OFFICE CLOSED	24 Recycling MUNICIPAL OFFICE CLOSED	25 MERRY XMAS	26
27	28 MUNICIPAL OFFICE CLOSED	29 MUNICIPAL OFFICE CLOSED	30 MUNICIPAL OFFICE CLOSED	31 Garbage MUNICIPAL OFFICE CLOSED		

BUY LOCAL FOR THE HOLIDAYS

CLAIRE DESJARDINS:
Fine Artist.
Email: claire@clairedesjardins.com
Web site: www.clairedesjardins.com
www.instagram.com/claire_desjardins_art **$$$-$$$$**

SHEILA WATSON:
Painting, Pottery and Sculpture.
Contact: 450 327-0418
Email: sheila.iwatson@gmail.com
20% off all pottery **$$-$$$**

OLGA FOURNIER/ AMÉLYA:
Stained Glass Artist - stained glass for interior doors and windows / Spiritual Art / Light Catchers/ personalized gifts.
Contact: 450 562-3219 or 514 962-4006
Email: vitrail.amelya@hotmail.com **$$-$$$**

RICHARD SUNNERTON:
Knives - Custom made knives, repairs & sharpening.
Contact: 450 562-4763 **$$-$$$**

MONIQUE LALARMÉE:
Paintings – Gift cards – Artistically personalized everyday objects.
Contact: 450 565-2384 to discuss products and place orders.
Web site: www.visualpoet.org
Facebook: Soliterre produits naturels **$-$$$**

HÉLÈNE D'ASTOUS:
Natural dream catchers and Mala semi-precious stone bracelets.
Web site: anahatamedicina.ca
Discounts for local purchases: $10 off all dreamcatchers and $3 off each Mala bracelets. **$$**

JOHANNE BUSSIÈRE:
Accredited artisan herbalist - Natural products for the body, spices and boreal herbal teas; (ex. chaga, wild tea, and Labrador tea), maple products in season. Great gift packages.
Contact: 514 591-1379
Facebook: @Johanne Bussière herboriste artisane accréditée **$$-$$$**

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Soliterre - Natural products made from local flowers, and medicinal and forestry herbs; soaps, salves, balms, tinctures and more.
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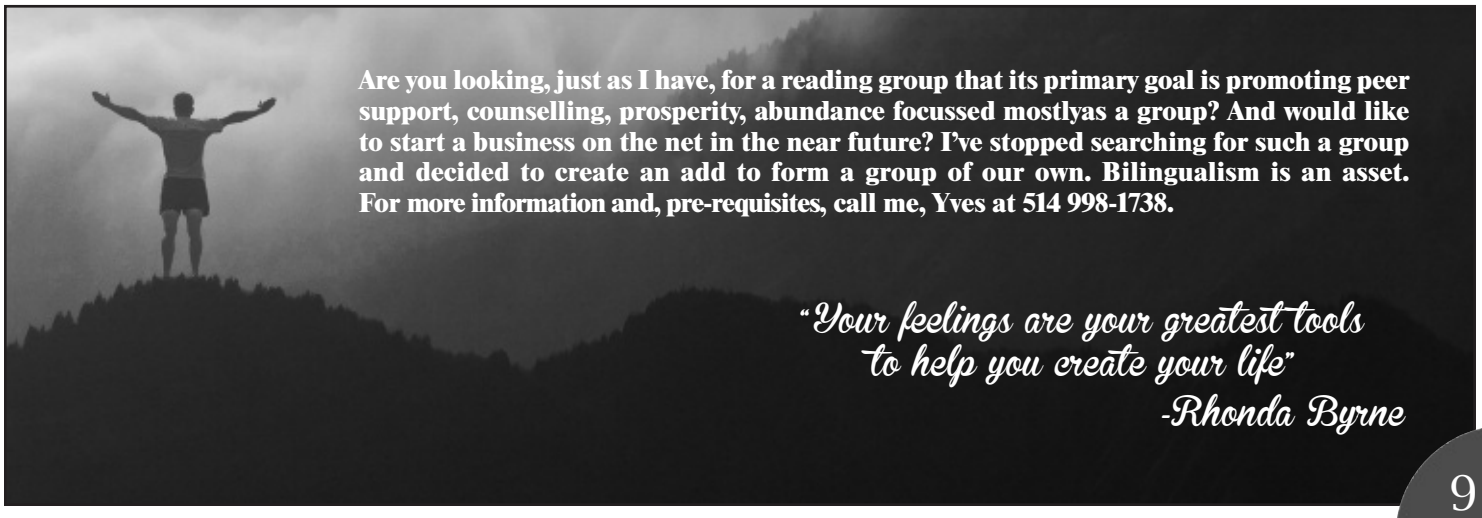
Contact: 450 565-2384
Facebook: Soliterre produits naturels **$-$$$**

PIPERADE PIE:
Sweet and Savoury pies.
Contact: Martine Didier 450 562-6172
Email: forgetlopez@sympatico.ca **$$**

ADVERTISING



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web: www.lorislinks.com
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Anyone or anything...